

Top Ten Thermal Spas in Switzerland



Image courtesy Leukerbad Therme.

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Hello!

There's nothing quite as relaxing as visiting a thermal spa where warm, effervescent waters send good health shooting through your body.

Thermal spas can restore your spirit whilst they renew your skin, hair and overall well-being.

You can find some wonderful thermal spas and resorts throughout Switzerland. These spas have been known for their mineral-rich, healing waters for centuries.

And you can enjoy them today!

In this guide you'll find details about ten of the top thermal spa resorts in Switzerland.

Please be aware that all information, including opening hours, is subject to change. You should check with the establishment you are planning to visit before arriving to ensure they will be open.



Disclosure: This guide contains affiliate links. Should you make a booking via one of these links, I may earn a small commission at no additional cost to you.



Top 10 Thermal Spas in Switzerland

In this guide you'll find details of ten of the best thermal spas in Switzerland (in no particular order) and the services they offer.

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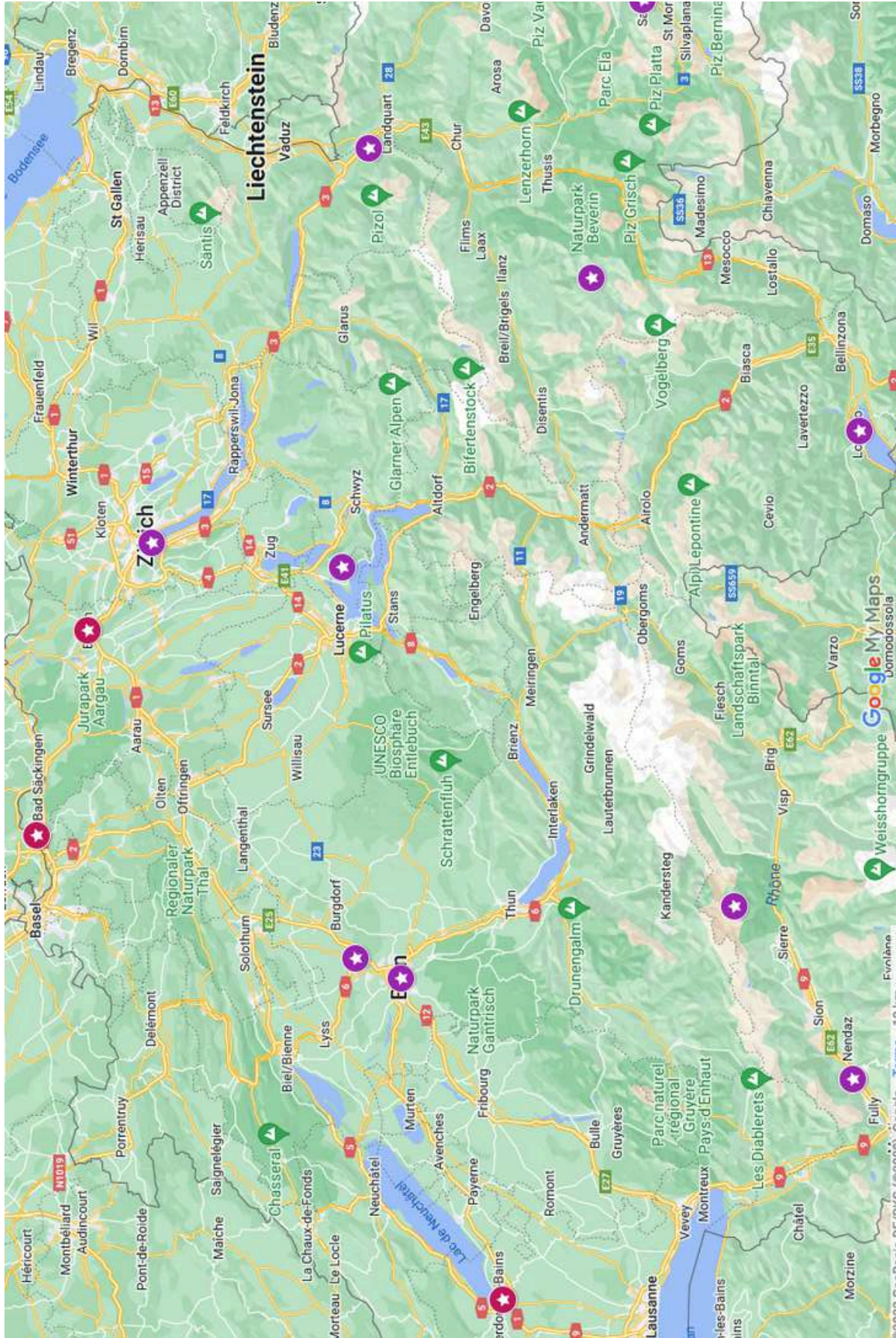
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Click the map to open and zoom in.



Leukerbad-Therme

Address: Rathausstrasse 32, 3954 Leukerbad



Image courtesy Leukerbad Therme.

Leukerbad-Therme is the largest spa resort in the Alps.

The resort offers 10 thermal baths ranging in temperature from 28C to 43C. Other features include a Japanese-style hot bath, whirlpool baths and a cold water pool. The spa uses water from its own private springs that produce more than 3.9 million litres of hot, mineral-rich water daily.

Leukerbad-Therme is designed to be family-friendly. The resort is home to numerous hotels and apartments catering for all budgets. Partner-hotels of the resort include [Hotel Alfa](#), [Hotel Viktoria](#), [Hotel Alpenblick](#), [Hotel Heilquelle](#) and [Hotel Paradis](#).

Leukerbad is a small, charming village in the Valais canton. The region is famous for its hiking trails and its Daubensee Lake, a favourite family attraction.

Special note:

Leukerbad-Therme is a family-oriented spa. If you don't want to be around a lot of children, it's probably not for you.

Opening hours:

Hot springs open every day from 8am to 8pm; Sauna and wellness centre open every day from 10am to 7.30pm.

Admission:

From CHF 28 per adult for up to 3 hours; children under 6 free of charge. Discounted rates apply to guests staying in the resort at a Leukerbad Card Plus partner.

Stay overnight:

Hotel Viktoria Leukerbad is the closest hotel to the Therme. Guests staying at the comfortable, family-friendly hotel receive free entry to the Leukerbad Therme.

[> Click here to check prices and book your stay.](#)

For more accommodation options, [> click here to read our Leukerbad Hotel Guide.](#)



Hürlimannbad & Spa Zurich

Address: Brandschenkestrasse 150, 8002 Zürich



Image courtesy Aqua-Spa-Resorts.

Once a brewery, the Hürlimannbad and Spa in Zurich offers a number of ways to indulge, including a spa bath, a massaging pool, whirlpools, bubble seats and a shallow water zone.

You can book special treatments including a floral steam bath, an exercise bath, a Roman bath and a Roman-Irish Circuit.

Most impressive of all, you can also bathe in a rooftop bathing area with views of Zurich and the mountains. If you want something to eat or drink, the spa lounge offers a welcoming, comfortable place to relax while you enjoy snacks and refreshments.

The spa offers a number of special events including a special Christmas Dinner at the spa and a New Year's Eve celebration with fireworks, a buffet dinner and use of the rooftop pool.

The downtown location makes it easy to reach by taxi or public transportation if you're staying in Zurich.

Opening hours:

Daily from 9am to 10pm.

Admission:

Thermal Bath – From CHF 39 per adult per day, reduced rates for children, under 4 years free of charge. Towel hire additional.

Roman-Irish Bath – From CHF 60 per adult per day, only for 16 years and over. Includes entry to Thermal Bath, towel, and bathrobe hire.

[> Click here to purchase your tickets.](#)

Stay overnight:

Hürlimannbad and Spa, Zurich is located next door to the lovely B2 Boutique Hotel.

[> Click here to check prices and book your stay.](#)

Special note:

Every Tuesday is Ladies' Night, when the spa's Roman-Irish Circuit is closed to men.

Mineralbad & Spa, Rigi Kaltbad

Address: 6356 Rigi Kaltbad



Image courtesy Aqua-Spa-Resorts.

Perfectly located atop Mt. Rigi and overlooking Lake Lucerne, every window of this spa offers breathtaking views of the Swiss Alps.

At the spa, you can swim in indoor or outdoor pools that have whirlpools, massage jets, neck massages, an herbal steam bath, an outdoor lounging area and a sun deck.

The spa area offers an herbal spa, a separate rest and relaxation area, a lounge area and its famous crystal spa. The crystal spa is a flooded room where you can float in warm water while looking up through the skylights.

Mineralbad at Rigi Kaltbad is not a hotel, but it partners with the Hotel Rigi Kaltbad for guests who want to stay overnight or longer. Spa packages are available that include accommodation at the hotel.

Amongst these are a Candlelight Night Bathing package, which includes a happy hour with Prosecco, salt skin scrub, steam bath and an herbal infusion.

Opening hours:

Daily from 10am to 7pm.
Note that guests of Hotel Rigi Kaltbad can use the spa daily from 8am to 10am.

Admission:

From CHF 38 per adult per day, discounted rates for children, under 4 years free of charge. Towel hire is additional.

You can also purchase packages which include transport from Lucerne via the Mt. Rigi train.

[> Click here to buy tickets.](#)

Stay overnight:

Don't rush back down to the real world if you don't have to! Spend a relaxing night at Hotel Rigi Kaltbad and take advantage of the spa's early opening hours for hotel guests.

[> Click here to check prices and book your stay.](#)

Special note:

The building is divided into two areas. The mineral baths and pools are open to everyone including children. The spa area is reserved for adults 16 and over.

Termali Salini & Spa, Locarno

Address: Via Gioacchino Respini 7, 6600 Locarno



Image courtesy Aqua-Spa-Resorts.

Enjoy saunas, Turkish baths and indoor and outdoor saltwater pools at this classic spa with views of Lake Locarno. The pools feature saltwater of various temperatures and several lounging areas.

There are three private suites where singles or couples can enjoy massages, treatments, a swimming pool and a private balcony.

Tall windows throughout the spa offer superb views of the lake and the lush region surrounding it.

The underground level of this spa is reserved for those who want to take their saunas in the nude.

>> Further reading: [Things to do in Ascona and Locarno](#)

Opening hours:

9am to 9.30pm September to June and 10am to 9pm in July and August. Reduced hours apply on public holidays and special occasions.

Admission:

Day tickets cost CHF 35 per adult with discounted rates for children from 4 years. Children under 4 years not permitted.

[> Click here to purchase your tickets.](#)

Stay overnight:

The 3* Hotel Millenium boasts a lakefront position and comfortable rooms at a great price.

[> Click here to check prices and book your stay.](#)

Special note:

With its perfect lakeside location, you can't help but feel rejuvenated after a soak at Termali Salini and Spa.

Hamмам and Spa Oktogon Bern

Address: Weihergasse 3, 3005 Bern



Image courtesy Aqua-Spa-Resorts.

The Bern Hammam is located in an octagonal building that once housed the first gas boiler in the city.

Following Oriental traditions, Hammam and Spa Oktogon Bern's rituals are based on the gradual warming up and cleaning of the body.

Visitors to the Spa move through seven rooms – from steam rooms, to hot pools and relaxation rooms – whilst also luxuriating with body peels and scrubs.

There is no nudity at the hammam as visitors wear a traditional cotton body towel called a pestemal, which is supplied.

Special note:

On Tuesdays, the Hammam and Spa is reserved exclusively for women.

Opening hours:

Monday, Tuesday, Thursday, Friday from 9am to 9.30pm; Wednesday from 1pm to 9.30pm; Saturday and Sunday from 10am to 8pm.

Admission:

Entry costs from CHF 48 per adult and includes pestemal, peeling glove, hammam wrap, and tea in the bistro.

[> Click here to purchase your tickets.](#)

Stay overnight:

Guests of the Hammam and Spa are warmly welcomed at Hotel Restaurant Goldener Schlüssel in Bern. Ideally located in the heart of the Old Town, the hotel's rooms are perfect for relaxing either before or after your Spa visit.

[> Click here to check prices and book your stay.](#)

For more accommodation options, [>click here to read our Bern hotel guide.](#)



Mineralbad & Spa, Samedan

Address: San Bastiaun 3, 7503 Samedan



Image courtesy Aqua-Spa-Resorts.

Located just outside St. Moritz in the village of Samedan, Mineralbad and Spa is a popular spot for skiers after a day on the slopes. It is Switzerland's first vertically built mineral spa.

The spa is designed for comfort. Public dressing rooms are available, but you can upgrade to a private dressing room with a table, sink, hairdryer and wardrobe. Enjoy a cleansing ritual, herbal steam bath, exfoliating treatment or open sky bathing on the roof of the spa.

After bathing, relax even more with the spa's exclusive hot stones and warm oil massage which is available to singles or couples.

A relaxation area provides fresh towels, tea, mineral water and a comfortable place to sit and talk while enjoying views of the village and the mountains.

Special note:

There is no hotel on site, but the spa partners with the Hotel Donatz in Samedan.

Opening hours:

December to March: Monday from 1pm to 8.30pm; Tuesday to Sunday from 10am to 8.30pm. April to November: Monday to Friday from 1pm to 8.30pm; Saturday and Sunday from 10am to 8.30pm.

Admission:

Day tickets cost from CHF 39 per adult including a bath towel, exfoliating gloves, tea, and spring water. Discounted rates apply to children aged 7 to 14. Children from 1 to 6 years are free of charge. Under 1 year, not permitted. Children 1 to 14 years only allowed entry until 5 pm.

[> Click here to purchase your tickets.](#)

Stay overnight:

Just a few minutes' walk from the Mineralbad and Spa, the family-run Hotel Donatz offers a cosy place to base yourself for a night or more.

[> Click here to check prices and book your stay.](#)

For more accommodation options, [>click here to read our St. Moritz guide.](#)

Solbad & Spa, Schönbühl

Address: Mattenweg 30, 3322 Urtenen-Schönbühl



Image courtesy Aqua-Spa-Resorts.

Located just outside Bern, Solbad and Spa is the largest natural brine spa in Switzerland.

The Three Worlds – bathing area, Sauna World and spa – offer a traditional Finnish sauna, massages, salt scrubs, an herbal steam bath and a large thermal pool.

Another feature is the walled circular pool with piped-in underwater music. Solbad and Spa is renowned for its outstanding service and friendly environment.

Special note:

The Solbad & Spa enforces a nudity rule in the spa. On Thursdays (except for holidays), the pools are reserved for women only.

Opening hours:

Monday to Friday from 8am to 9.30pm; Saturday and Sunday from 9am to 9.30pm.

Admission:

Day passes cost from CHF 39 per adult with discounted rates available for children from 4 years. Under 4 years, not permitted.

[> Click here to purchase your tickets.](#)

Stay overnight:

Just five minutes by car from Switzerland's largest brine baths and ten minutes from Bern, you'll find the Hotel Grauholz.

Situated on the edge of a forest, this quiet hotel is the perfect place to spend the night after your relaxing time at the spa.

[> Click here to check prices and book your stay.](#)

Tamina Thermal Spa, Bad Ragaz

Address: Hans Albrecht-Strasse, 7310 Bad Ragaz



Image courtesy Grand Resort Bad Ragaz AG.

The town of Bad Ragaz in the canton of St. Gallen is home to one of the most well known natural hot water springs in Switzerland, the Tamina Thermal Spa.

The public spa centre consists of a large pool with temperatures set at 36.5°C, a sauna village with saunas and steam baths, and a wellness centre offering massages and beauty treatments.

As well as a cafe, Tamina Thermal Spa also boasts the Bistro Lounge Hermitage where bathers can enjoy a range of food and drink specially aligned to the body's needs. This can be enjoyed before, during or after taking a sauna.

Note: The Tamina Therme underwent a major renovation in 2024.

Opening hours:

Daily from 8am to 10pm
(11pm on Fridays).

Admission:

Prices for the thermal spa start from CHF 32 for two hours on weekdays and CHF 39 on weekends and public holidays. Children aged 3 to 16 years are half price. A day ticket to access both the thermal spa and sauna starts from CHF 64.

Stay overnight:

Two options await guests who would like to stay overnight at Grand Resort Bad Ragaz. The stylish and comfortable 5-star rooms at Grand Hotel Hof Ragaz are the perfect place to unwind, with family rooms also available. At Grand Hotel Quellenhof, timeless tradition and luxurious features greet guests. Access to the entire Tamina Therme complex is available to guests of both hotels.

[> Click here to check prices and book your stay.](#)

7132 Therme, Vals

Address: Poststrasse 560, 7132 Vals



Image courtesy Gaudenz Danuser / Graubünden Tourism

Even those who wouldn't describe themselves as spa devotees have been known to travel to Vals to see 7132 Therme. Crafted from dense green mountain quartz, this spa is an architectural wonder.

The natural mineral waters maintain pleasant temperatures ranging between 30 and 36 degrees Celsius. In addition to indoor and outdoor pools, the spa boasts steam baths, drinking stones, a cold and fire bath, steam baths and a blossom bath.

Spending at least half a day here is ideal, and treatments that can be booked include signature and Swedish massages; restorative, detoxifying and contouring body rituals and ESPa facials as well as hairstyling, manicures and pedicures. You can also stay overnight.

Opening hours:

Open 11am daily and until 6pm on Monday and Tuesday. From Wednesday to Sunday, 7132 Therme closes at 8pm.

Admission:

The standard admission price for an adult is CHF 80 at 7132 Therme, while for children the cost is CHF 55. Holders of Vals guest cards pay less - CHF 50 and CHF 35 respectively. The rates include robe and towel hire for the day.

Stay overnight:

Settle in for the night at the on-site 7132 Hotel, which has a restaurant, bar, gym, garden and kids' club. Rooms offer private balconies with mountain views, and come equipped with iPads, flatscreen TVs and free WiFi.

[> Click here to check prices and book your stay.](#)

Read more about 7132 Therme Vals and the beautiful canton of Graubünden in our [Graubünden Guide](#).

Saillon Thermal Baths

Address: Rte du Centre Thermal 16, 1913 Saillon



Saillon Thermal Baths are located among a soothing Swiss landscape featuring orchards and vineyards.

The outdoor thermal park complex has four thermal pools, each of which is heated to between 28 and 34 degrees Celsius. A thermal river connects these, and there is a kids' paddling pool and water slide during summer.

There is also a 'Carpe Diem' wellness centre, and you can 'seize the day' at the steam baths and saunas here. At the spa, a range of treatments including massages is available.

One of the pools at the Saillon Thermal Baths is semi-Olympic sized, so it's ideal for keen swimmers. There is also a hammam and fitness zone on site.

Opening hours:

Saillon Thermal Baths are open all year round, between 8am and 9pm daily.

Admission:

Adult admission prices range from CHF 24 to CHF 26 on Sundays and CHF 28 during Swiss holidays. Children aged between 4 and 16 pay CHF 13.

Stay overnight:

The four star Hotel FARINET on site offers guests the chance to stay at this stunning Swiss spa complex for longer. Guests benefit from complimentary access to the spa, and there is a bar and restaurant.

Accommodation comes with free parking and WiFi plus cable TV and minibar.

[> Click here to check prices and book your stay.](#)

Learn more about Saillon, which is classified as one of the most beautiful villages in Switzerland, in [this episode of our podcast.](#)



SUMMARY

Switzerland's best thermal spa resorts

Six of the ten thermal spas featured in this guide are members of the [Aqua Spa Resorts of Switzerland](#). Member spas are Hamman and Spa Oktogon, Bern; Solbad and Spa, Schonbuhl; Mineralbad and Spa, Samedan; Hürlimmanbad and Spa, Zurich; Mineralbad and Spa, Rigi Kaltbad and Termali Salini and Spa, Locarno.

As you can see, there are thermal baths and spas in Switzerland to suit everyone.

Whether you are looking for a luxury experience with your partner, a fun day out for the whole family or a quiet soak alone in the soothing mineral waters, there is a Spa just for you.

Which one takes your fancy?

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Wishing you safe and happy travels in Switzerland 🇨🇭
Carolyn